## Quarter Century Wireless Association Southwest Ohio Chapter 9 Jan/Feb 2016

## 2016 Officers

| President  | Gerd Schrick WB8IFM 937-253-3993   |
|------------|------------------------------------|
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| Secretary  | John Fridrick K8DSR 937-837-2224   |
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Director Bill Meers W4NWR 937-294-7585
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Regular Meetings are on the SECOND Tuesday with Lunch at 11:30 AM at the MCL Cafeteria 4485 Far Hills Av. in Kettering

No Sks to report.

Meetings: Jan 12 "NAVASSA ISLAND, WORLDS # 1 MOST WANTED" Video by K1N

Feb 9 TBD

## Happy Birthday to the following:

| WD9HDZ | 1-2-45  | W4NWR  | 1-31-42 | WB8IFM | 2-14-31 |
|--------|---------|--------|---------|--------|---------|
| N6JRL  | 1-15-49 | N8LX   | 1-31-52 | W4MWZ  | 2-14-38 |
| K2JOI  | 1-25-22 | K8JE   | 2-5-35  | NY1A   | 2-22-54 |
| K8GET  | 1-30-20 | WD8NVY | 2-12-54 | W8GUC  | 2-27-41 |

## **President's Column**

This year we start our bulletins with the Jan/Feb edition. As we skipped August because of summer vacation/travel time, we naturally wound up with this. So you didn't miss anything when the bulletin was not in your December mail!

Hope you had good holidays! Christmas and the New Year were synchronized this time so that we had weekends follow the holidays and thus more days off than usual for the working people.

Our Christmas meeting on 8 Dec was well attended xxx. Our special guest: baritone Young Paik gave a super rendition of two Christmas songs. John Fridrick, K8DSR received the clubs Meritorious Award for his many years of service as our secretary. Of course, cookies were distributed, some home made after German recipes. Then, we almost forgot, a group picture was made. A report and pictures should be in next month's Journal.

We are still working on the new roster, running into some computer problems. So looks like we will have it available with the next bulletin.

We are also looking for suggestions, themes for our meetings, we might find the ham who could give us a brief (20 minute) presentation. I would suggest to alternate a Ham related theme with a health problem one.

I had some discussion with an old friend who complained of problems cutting his toenails. He is now letting a nail store in the neighborhood taking care of this. I solved that problem by doing the cutting while standing and resting the foot on a chair. That way my hands reach easily the foot.

But I also found that in my particular case, the toes didn't look healthy as if there was a problem with blood circulation. When you consider that for a normal person the toes are practically never used. (You got to be a ballet dancer or

conduct some other extreme body contortions.) So the toes are like the Cinderella's of exercise.

I can wiggle my toes a little even with shoes on , so that what I do whenever I think about , when waiting some place etc. However , the biggest exercise I get when I wiggle them in bed just before falling asleep. I am getting real good at it to the point that I can almost feel that I can select a specific toe and the thought occurred to me: Why are there no piano players, that use their toes. ( they do have and use foot pedals.

That was my contribution this time. In the next bulletin, I give some advice to get sleep w/o using any pills whatsoever!

CU at the meetings.

73, Gerd, WB8IFM

Chater 9 Membership is \$5 per year.

Submit to:

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